

1st naturals

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Live a zestful life !!!



Welcome to 1st Naturals... your source for naturally formulated **nutritional supplements**, eco-friendly products and natural health tips. Our nutritional supplements and natural products are unique and effective, 100% safe to use without prescription.

Help preserve the environment by choosing our natural products and nutritional supplements. Enjoy longer, healthier life too - for yourself and your family!

Featured Nutritional Supplements & Natural Products



Herbal Colon Cleanser



Cleanse the colon and improve the tone of colon walls with this herbal formula. Prevent colon

cancer.

Oxidized fats and cholesterol, free radicals, drugs taken and other irritating molecules act as toxins. Poor digestion, colon sluggishness and dysfunction, reduced liver function, and poor elimination through the kidneys, respiratory tract, and skin all add to increased toxicity. Toxins that build up cause diseases. Clean up your colon

now before it is too late.

[More Info](#)

Extract from 22 Fruits and Vegetables

You need to eat at least 5 kinds of fruits and vegetables everyday to stay in optimum health and reduce your risk of cancer by 20%.



FRUITS and **VEGGIES** Antioxidant is made from extracts of 22 fruits and vegetables. Has no synthetic vitamins and mineral components. Contains 5000 ORAC units per gram. A broad range of phytonutrients to top up your daily antioxidant

requirements for a healthy body.

[More Info](#)



Watch out for exciting offers ...



F.R.E.E Food Samples worth \$20.00

[More info...](#)

Acai Berry - slimming, anti-aging, removes free radicals

Acai berry capsules are fresh dried acai berry fruit. It is a great daily supplement ideal for slimmers and dieters. It supplies the body with vitamins, minerals, fiber and other nutrients during periods of low calorie diets and reduced foods choice.



Acai berry has 15-20 times more antioxidants than red grapes and blue berries, without the side effects of alcohol.

It is a near perfect protein, and has a huge amount of dietary fiber. It is also anti-aging superfood and rich in compounds that promote heart health.

[More Info](#)

Natural Enzymes to aid Digestion

Foods are composed of different elements such as proteins, carbohydrates, fats, vitamins and minerals. These require different enzymes to break them down into their separate constituent parts so that the body can absorb these nutrients and transport them around the body, via the bloodstream, to the various organs and cells.



Medication, modern diets, ill health, stress or sustained poor food choices can make digestion tricky. Some foods that contain fats and proteins are also difficult to digest. Help your gut do its job with

[Therapeutic Bracelet](#)
With Titanium and FAR
Infrared



[Can-C](#)
Eye Drops for
Cataracts



this supplement so that the nutrients you take in will not go to waste. [More Info](#)

Maintain Hormonal Balance during Menopause

Do not let menopausal symptoms get you down! Take this herbal combination that has nine (9) beneficial nutrients to supplement your daily diet and maintain your hormonal balance during menopause.



Be free from hot flushes, headaches, muscle pains and other menopausal health issues. Enjoy the feeling of being relaxed, refreshed and full of energy and vitality with this herbal supplements. 1st Naturals MENOsupport is a food supplement and so, does not contain hormones such as those found in Hormone Replacement Therapy Drugs. Herbs used are time-tested and proven safe and effective. [More Info](#)

Organic Whole Food and Natural Cleanser

Take this organic whole food concentrate and store house of micro nutrients for total body cleansing and overall health. It is good as having eaten 2 lbs of vegetables!



1st Health KryptOrganic Whole Food Concentrate cleanses the blood, kidney and liver and detoxifies the bowel. It promotes repair of damaged tissues, energizes cells, lowers cholesterol, regulates blood sugar, calms down stressed nerves, builds strong immune system and improves brain/nerve function. [More Info](#)

Watch out for more products coming soon!

